

## Prompts to get a conversation going

Good conversations should be free-flowing, person-led and as natural as possible.

We want to get people thinking and talking about how they were feeling at the time lockdown was announced and how they are feeling about things now.

Before asking any of the main questions you might to encourage people to think around the theme first. Below are some suggested prompts to introduce each of the 4 Reimagining Communities questions that you might find useful to help the conversation along.

Prompts	Reimagining Communities question
<ul style="list-style-type: none"><li>• How have you been managing with lockdown, did you have to self isolate?</li><li>• How did you cope with the restrictions?</li><li>• Did you find anything in particular hard or easy about it?</li><li>• Have you been able to get out?</li><li>• Have you seen any family or friends?</li><li>• Where there any things you liked or enjoy anything about lockdown?</li></ul>	<b>Q1. What things seem more important or less important to you now since the Covid-19 crisis?</b>
<ul style="list-style-type: none"><li>• What was it like for you in the beginning?</li><li>• How were you feeling at the time? How did you manage or adapt?</li><li>• Things were really hard in the early days but we there were some positives. Some people said they found they had more time to do things like being more creative.</li><li>• Has anything improved for you during this time?</li><li>• Did you connect with anyone new because of the crisis? What did that connection mean to you?</li></ul>	<b>Q2. Can you think of any things that have changed because of the Covid-19 crisis that need to continue into the future?</b>
<ul style="list-style-type: none"><li>• How are you feeling about things now?</li><li>• What did you miss being able to do the most during lockdown?</li><li>• Were there any services of support you normally rely on that stopped or were closed?</li><li>• What did you look forward to being able to do after lockdown or self isolation?</li></ul>	<b>Q3. What things have stopped due to the Covid-19 crisis that need to be started again</b>
<ul style="list-style-type: none"><li>• Is there anything you or your family struggled with or found difficult?</li><li>• How did your children manage with not being able to see friends and missing school?</li><li>• Did you ask for any help or support in the early days?</li><li>• How useful was that support?</li><li>• How do you think your neighbours or friends coped?</li><li>• Did you get involved in helping anyone else during lockdown for example with shopping?</li></ul>	<b>Q4. Has the Covid-19 crisis highlighted anything that's missing to support you, your family or your community?</b>